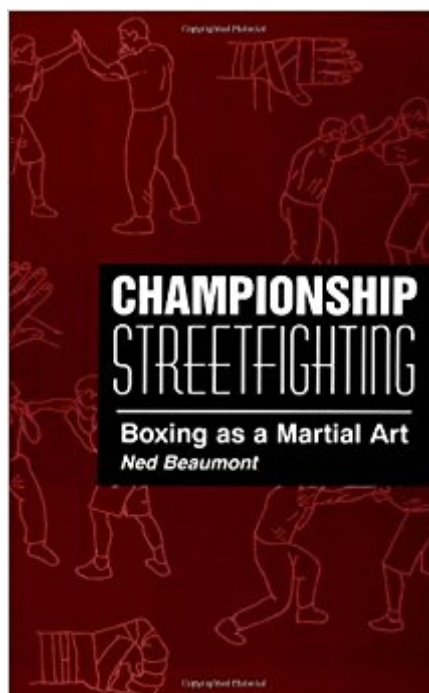


The book was found

Championship Streetfighting: Boxing As A Martial Art



Synopsis

Your fists are your primary weapon system in a streetfight, but most martial arts "masters" like to gloss over that fact. Now fisticuffs expert Ned Beaumont shows you how to duke it out in back alleys and smoky bars and walk away grinning (with all your teeth). All the dirty tricks of boxing are included, too. Not for the faint of heart, this one is destined to become a classic.

Book Information

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Average Customer Review: 4.1 out of 5 starsÂ Â See all reviewsÂ (75 customer reviews)

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Customer Reviews

Ned Beaumont's "Championship Streetfighting" is an in depth look at the use of boxing for self-defense. Mr. Beaumont begins by looking at boxing as the old-time method of self-defense, and points out the prior to WWII when a man wanted to learn self-defense he studied boxing. Next Mr. Beaumont gives his opinion about the effectiveness of boxing when compared to the traditional Asian martial arts. "Championship Streetfighting" clearly favors boxing as the more effective style for self-defense (as one might expect in a book about boxing), but at the same time Mr. Beaumont points out that any style can be effective when employed by a tough, fit, and knowledgeable fighter. The majority of "Championship Streetfighting" discusses various techniques and combinations to use boxing for self-defense. This includes the basics of jabs, hooks, upper-cuts, and straight punches. Also discussed are fouls and dirty tricks, which while banned in the sport boxing ring, and very effective for self-defense. The book ends with a few suggestions for training and getting into shape such as speed bag, heavy bag, conditioning and road work. "Championship Streetfighting" is mostly text, with just a few illustrations. While perhaps not a training manual, anyone with some basic skill to begin with can certainly learn a few new techniques to add to his

arsenal of self-defense capabilities. If you understand a little more than the mere basics of boxing, "Championship Streetfighting" becomes much more useful in teaching combinations which are extremely effective for real-world self-defense. About the only criticism (and a minor criticism at that) I can offer about the book is that it is a bit light on illustrations.

I have only ever wrote 1 other review on and that was on a Wing Chun History book. I feel compelled to write this one for the same reason. The book's critics are completely missing the point and seems to be carrying another personal agenda. This book is a wealth of information in one place. He writes about what boxing methods can do in a "street" fight and how to do it. He does this very well and it's funny to boot. Did he copied others? Are we talking about plagiarism? Frankly these comments are banal, or do I mean anal? Writing about other great men's ideas or treating them in different ways aren't copying. Newton wrote, if I have seen further than other men, it's by standing on shoulders of giants. Of course I am not comparing Beaumont's book to the Principia, I am just saying that distilling knowledge and wisdoms of others and then re-writing them in an accessible ways for new readers isn't a crime. Having said that, I hold this book in high regard and have recommended it to many people interested in improving his ability to fight with his hands. I don't really care if he could fight or not. The book is a great introduction to the practical side of boxing. I have collected and read hundreds books and instructional videos on training and fighting over 30 years. That's one of the reasons why my wife doesn't speak to me. I have yet read a more readable book on this subject. I wrote my other review for the same reason. The author did a good job but for some reasons some people just wouldn't read it for what it is but feels that it's some veiled attacks on their beliefs. As for the Muai Thai vs Boxer etc arguments, anyone who has any REAL experience will confirm that it isn't the style you are fighting, but the man. It's not a boxing "bible".

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